



主辦機構

協辦機構



資助機構



全民運動
SPORT FOR ALL

第 62 屆體育節 - 2019 年香港青少年柔道錦標賽 (香港運動員排名二級賽事)

由中國香港體育協會暨奧林匹克委員會 主辦

中國香港柔道總會 協辦

康樂及文化事務署 資助

日期: 2019 年 5 月 26 日 (星期日)

時間: 上午 10 時 30 分開始

地點: 石硤尾公園體育館

級別: A 組: 11 至 12 歲男童 (-38kg, -42kg, -46kg, -50kg, -55kg, +55kg)
B 組: 13 至 14 歲男童 (-46kg, -50kg, -55kg, -60kg, -66kg, +66kg)
C 組: 15 至 17 歲男童 (-50kg, -55kg, -60kg, -66kg, -73kg, +73kg)
D 組: 15 至 20 歲男童 (-55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg)
E 組: 11 至 12 歲女童 (-36kg, -40kg, -44kg, -48kg, +48kg)
F 組: 13 至 14 歲女童 (-38kg, -42kg, -48kg, -52kg, +52kg)
G 組: 15 至 17 歲女童 (-40kg, -44kg, -48kg, -52kg, -57kg, +57kg)
H 組: 15 至 20 歲女童 (-44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg)

(參賽者只可參加符合其體重的其中一個體重限制級的賽事)

資格: (1) 持五級 (黃帶) 或以上者
(2) 年齡於 11 歲至 20 歲者 (出生於 1999 至 2008 年)
(3) 持有有效的年齡證明文件

賽制: 單敗淘汰制方式進行 (每級參賽者不足二人將作取消)

裁判: 由中國香港柔道總會安排

獎勵: 各級組別設冠、亞及兩名季軍

報名費: 每位港幣 45 元正

服裝: 參賽者需自備符合柔道比賽的白色 (及藍色) 柔道袍, 女運動員必須穿著純白圓領 T-shirt 在內。

報名: 請於 <http://www.judoregistration.org> 網上報名

截止報名日期: 2019 年 5 月 13 日 (星期一), 逾期報名不接受

量體重: 參賽者請於比賽當天帶備年齡證明文件, 往石硤尾公園體育館辦理量體重及登記手續。

非正式量體重: 上午 9 時至 9 時 29 分

A 組, B 組, E 組, F 組正式量體重: 上午 9 時 30 分至 10 時

C 組, D 組, G 組, H 組正式量體重: 下午 12 時 30 分至 1 時 15 分

參賽者必須按上述編排辦理量體重及登記手續, 逾時作棄權論。

賽程: 有關當天賽事詳細程序, 請於比賽期間留意大會廣播。

參賽者須知:

1. 參加者需要負責自己的身體狀況及健康, 並考慮是否適宜申請參加本賽事。如有疑問, 請徵詢醫生的意見。
2. 為公平處理, 本會恕不接受電話或傳真報名。未滿 18 歲的參加者須由家長/監護人同意, 方可報名參加本會活動。
3. 參加者必須在比賽當天出示有效的年齡證明。
4. 除情況特殊外, 所有項目一經報名, 不得申請退款、轉組或由他人代替參加。
5. 本會有權決定接受或拒絕任何申請。
6. 活動舉行期間, 參加者須顧及自身安全, 並須遵從工作人員之指示, 如遇意外事故, 包括財物遺失、身體損傷等, 本會概不負責。如有任何不適, 須立即向有關工作人員尋求協助。
7. 活動負責人及本會職員有權拒絕不守紀律之參加者繼續參與活動, 所繳之費用概不發還。
8. 本賽事不設上訴, 以現場裁判判決為最終裁決。
9. 當天文台懸掛八號或以上颱風訊號或黑色暴雨訊號, 是次活動將自動取消。(如在活動舉行前兩小時已取消八號或以上颱風訊號或黑色暴雨訊號, 並在場地許可的情況下, 是次活動照常舉行。參加者應考慮實際天氣及交通情況來判斷是否參加活動。)
10. 若活動舉行前兩小時, 天文台懸掛雷暴警告訊號、黃色暴雨戒備訊號、紅色暴雨警告訊號、三號或以下颱風訊號, 是次活動將依天氣情況及場地許可的情況下, 活動負責人決定是否繼續進行, 如參加者收不到任何通知, 則表示活動按照原定時間、地點舉行。
11. 本條款如有未完善之處, 本會有最終修改權。

查詢: 2504 8360

網址: www.hkjudo.org

*注意:

1. 本賽事可能有傷殘運動員參與。
2. 請留意參賽者須知。



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62nd Festival of Sport - Hong Kong Junior Judo Championships 2019

(HK Athlete Ranking System Local B Grade Championship)

Organizer is the Sports Federation & Olympic Committee of H.K., China

Co-organizer is The Judo Association of Hong Kong, China

Subvented by the Leisure and Cultural Services Department

Date: 26th May 2019 (Sunday)

Time: Commence at 10:30am

Venue: Shek Kip Mei Park Sports Centre

Category: Group A : 11–12 years old Boys (-38kg, -42kg, -46kg, -50kg, -55kg, +55kg)
Group B : 13–14 years old Boys (-46kg, -50kg, -55kg, -60kg, -66kg, +66kg)
Group C : 15–17 years old Boys (-50kg, -55kg, -60kg, -66kg, -73kg, +73kg)
Group D : 15–20 years old Boys (-55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg)
Group E : 11–12 years old Girls (-36kg, -40kg, -44kg, -48kg, +48kg)
Group F : 13–14 years old Girls (-38kg, -42kg, -48kg, -52kg, +52kg)
Group G : 15–17 years old Girls (-40kg, -44kg, -48kg, -52kg, -57kg, +57kg)
Group H : 15–20 years old Girls (-44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg)
(A player can only participate in One category of his/her own weight)

Entry Requirement: (1) From 5th Kyu (Yellow belt) or above
(2) 11 to 20 years old (Born between 1999 and 2008)
(3) The participant should have a valid age certificate document

Mode of Competition: Single Knock Out system. (Category with less than 2 competitors will be cancelled)

Referees: Arranged by The Judo Association of Hong Kong, China

Prize: Trophies will be awarded to Champion, 1st runner-up and two 2nd runners-up for each category

Entry Fee: HK\$45.00 per competitor

Uniform of Competition: **White (and Blue) Judo-gi** should be used and it must be suitable for judo competition (female players must wear a white round collar T-shirt inside)

Entries: You may register online through <http://www.judoregistration.org>

Deadline of Entry: 13th May 2019 (Monday). Late entry will not be accepted.

Weigh-in and Registration: Official weigh-in and registration are held on the day of competition at Shek Kip Mei Park Sports Centre. Please bring along your Age Certificate. Here is the schedule:

Unofficial Weigh-in: 09:00 to 09:29

Group A, B, E, F Official Weigh-in: 09:30 to 10:00

Group C, D, G, H Official Weigh-in: 12:30 to 13:15

All competitors must follow the weigh-in schedule, late-comers will not be accepted.

Competition Schedule: Please pay attention to the organizing committee's announcement for details about the competition schedule.

Notes to Participants:

- Participants should be aware of their health conditions and consider whether it is suitable for them to enroll in this competition. In case of doubt, please consult a doctor prior to the enrollment of competition.
- For the sake of fairness, application by phone and fax are not accepted. Participants under 18 should obtain either parent or the legal guardian before enrolling in activities organized by The Judo Association of HK, China.
- Participant must present the valid age certificate document on the competition date.
- Unless under special circumstances, no application for refund, change of category or making substitution is allowed after enrollment.
- The Judo Association of Hong Kong, China reserves the right to accept or reject any application.
- Participants should be responsible for their own safety and should follow the instructions from our staff. Our association is not liable for any loss of personal belongings or harm caused to the participants during the activities. Participants should report to the staff if feeling unwell.
- Instructors and staff of The Judo Association of Hong Kong, China can prohibit anyone who fails to observe the instructions during the activities.
- No appeal for this competition. The referee at that match makes the final decision.
- In case the typhoon signal No.8 or above or black rainstorm warning signal is issued, all activities will be cancelled. (In case that the No.8 or above or black rainstorm warning signal is cancelled two hours before an activity commences and that the venue condition permits, all activities will be held as scheduled. Participants should consider the actual weather and traffic condition when deciding whether or not to attend the activity.)
- In case the thunderstorm warnings or amber rainstorm warning or red rainstorm warning signals, typhoon signal No.3 or below is issued two hours before an activity commences and the venue condition permits, the championship will be held as scheduled or cancelled. The activity will be held as scheduled without further notice.
- The Judo Association of Hong Kong, China reserves the right to amend the terms and conditions without advance notice.

Enquiry: 2504 8360

Website: www.hkjudo.org

*Attention:

- Physically disabled players may participate in this event.
- Participants should read thoroughly the respective notes.



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比賽規例

比賽將根據國際柔道聯合會體育及組織規例、國際柔道聯合會裁判規例及亞洲柔道聯盟技術指引進行。中國香港柔道總會同時執行以下特別條例。

A 組及 E 組比賽時禁止使用以下柔道技術

- (一) 關節技 (KANSETSU-WAZA)
- (二) 絞技 (SHIME-WAZA)
- (三) 捨身技 (SUTEMI-WAZA)
- (四) 卷進技 (MAKIKOMI-WAZA)
- (五) 於立技進行中，施技者於一瞬間刻意以雙膝跪下施行柔道技術如背負投 (SEOI-NAGE) 或背負落 (SEOI-OTOSHI)。
- (六) 於立技進行中，施技者抓握對手脖子後方柔道衣衣領，攬頸施技者。

備註：

- ☆ 若任何一方賽員於立技進行中使用以上禁止之柔道技術或動作時，裁判應立即暫停比賽及分開賽員 (MATTE)，施技者將被判罰 (SHIDO)。
- ☆ 若任何一方賽員於立技進行中使用以上禁止之柔道技術或動作以使對手進入地上法 (NE-WAZA) 及成功地將對手壓制時，裁判應立即暫停比賽及分開賽員 (MATTE)，施技者將被判罰 (SHIDO)。
- ☆ 一些少年或兒童有著極柔軟的身體，當被對手成功地壓制時，他們會嘗試在不尋常的角度下激烈地扭曲腰部以逃脫對手之壓制，裁判應立即暫停比賽及分開賽員 (MATTE)，而技術得分將依據壓制的時間判予施行壓制的賽員。

Method of Competition

Competition is conducted in accordance with the IJF Sport and Organization Rules, IJF Refereeing Rules and JUA Technical Code. The Judo Association of Hong Kong, China will apply the special competition rules below.

Group A and Group E are not allowed to apply the following techniques for the sake of safety

1. Kansetsu-Waza
2. Shime-Waza
3. Sutemi-Waza
4. Makikomi-Waza
5. Gripping the back beyond the lapel in Tachi-Waza
6. Drop Seoi-nage with both knees

Remark:

- ☆ Referee must call MATTE to stop the contest and SHIDO penalty should be given to the player who applies the above prohibited techniques in order to hold down the opponent successfully through NE-WAZA.
- ☆ Referee must call MATTE to stop the contest and SHIDO penalty should be given to the player who applies the above prohibited technique in a standing position.
- ☆ Children can have an extremely flexible body and when the opponent is holding them down, they would try to escape by twisting the waist strongly at an abnormal angle. Referee must call MATTE to stop the contest immediately and a score is given to the corresponding contestant according to the pinning time up to when this MATTE was called.