



中國香港柔道總會

The Judo Association of Hong Kong, China

## 2025 年香港柔道段考核章程

### Hong Kong Judo Dan Grade Examination 2025

#### 報名資料

#### Enrollment Information

日期：2025 年 7 月 17 日（星期四）

Date : 17 July 2025 (Thursday)

時間：晚上 7 時

Time : 7:00 p.m.

地點：馬鞍山體育館

Venue : Ma On Shan Sports Centre

截止：2025 年 7 月 3 日（星期四）

Deadline for Application : 3 July 2025 (Thursday)

資格：(1) 參加者必須年滿 16 歲；及

(2) 必須已登記成為並具有一年或以上中國香港柔道總會個人會員資格者；及

(3) 符合年資要求：

(i) 初段：持柔道一級資格（資格需於「中國香港柔道總會」登記達一年或以上）

(ii) 二段：持有初段一年或以上

(iii) 三段：持有二段二年或以上

(iv) 四段：持有三段三年或以上

Enrollment Requirements: (1) Age 16 years old or above; &

(2) being Individual Member of JAHKC for one year or above; &

(3) fulfil the requirement of Dan seniority:

(i) First Dan; holder of First Kyu (must register with JAHKC for one year or above

(ii) Second Dan; holder of First Dan for one year or above

(iii) Third Dan; holder of Second Dan for two years or above

(iv) Forth Dan; holder of Third Dan for three years or above

#### 費用 Fees of Examination & Registration:

項目 Item	郵遞（如須要） By mail (if request)	考試費 Examination	初段註冊費 Registration (1st Dan)	貳段註冊費 Registration (2nd Dan)	叁段註冊費 Registration (3rd Dan)	肆段註冊費 Registration (4th Dan)
金額 Amount	\$60.00	\$500.00	\$1,800.00	\$2,000.00	\$2,200.00	\$2,400.00

參加者必須一併繳交考試費及註冊費，未能晉升者註冊費將獲發還，考試費一經收妥作實概不發還（活動取消除外）。  
The applicant must pay the registration fee and examination fee (if applicable) in advance, the registration fee will be refunded if the advancement is unsuccessful. There is no refund of the examination fee (except the cancellation of the activity)

#### 報名：

請登入 <http://www.judoregistration.org> 辦理報名手續。

參加者必須於考試結果公佈後一個月內（選擇郵遞方式者除外），前往總會領取其證書。參加者亦可以書面授權他人代為領取。逾期者須額外繳付行政費用港幣貳佰元正。

#### Enrollment:

Please go to <http://www.judoregistration.org> for ENROLLMENT.

All Applicants must obtain their certificates at JAHKC's office no later than one month after the announcement of results (except those receiving their certificate by post). If the applicant cannot collect certificate in person, he/she may give proxy to third party in writing for collection. There will be an administration fee of HK\$200 for late collection of certificate.

#### 考試範圍：

一級考初段 --- 護身倒法、投之形（取及受均須考核）

初段考二段 --- 護身倒法、投之形（取及受均須考核）

二段考三段 --- 投之形及固之形（取及受均須考核）

三段考四段 --- 投之形、固之形、柔之形（取及受均須考核）

#### Scope of Examination:

(1) First Kyu for First Dan --- Ukemi、Nago-No-Kata (both Tori & Uke will be assessed)

(2) First Dan for Second Dan --- Ukemi、Nago-No-Kata (both Tori & Uke will be assessed)

(3) Second Dan for Third Dan --- Nago-No-Kata & Katame-No-Kata (both Tori & Uke will be assessed)

(4) Third Dan for Fourth Dan --- Nago-No-Kata、Katame-No-Kata、Ju-No-Kata (both Tori & Uke will be assessed)

#### 備註：

投考初段者，須示範護身倒法、投技、固技及測試裁判知識與比賽條例。

投考二段或以上，其伴考者必須持有初段或以上資格。

當日詳細考核時間個別另行通知。

#### Note:

For those who attend examination of First Dan, they need to demonstrate Ukemi, Nage-waza, katame-waza and examination on Rules and Regulations of competition.

For member who attends examination of Second Dan or above, his/her partner should be holder of First Dan or above.

Detailed time-table of various examinations will be announced in due course.

查詢電話 Enquiry: 2504 8360

本會網址 Web-Site: <http://www.hkjudo.org>

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